

EMERGENCY PREPAREDNESS CHECKLIST



Ready to Go Bag

- Copies of important papers in a waterproof and portable container; family medical records, birth certificates, insurance information, banking information, Social Security cards, photo IDs
- Extra set of car and house keys
- Credit and ATM cards
- Cash in small denominations (\$50.-\$100.)
- First-aid kit
- Flashlight, battery-operated AM-FM radio, extra batteries
- Sturdy pair of shoes, change of clothes, lightweight rain gear for each person
- Mylar or thermal blanket for each person
- Medications for at least one week for each person
- List of medications and dosages, pharmacy and prescribing physician
- Special care items or supplies needed by a family member
- Nutritious snacks and bottles of water



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Car Kit

- First-aid kit
- Flashlight
- Whistle
- Jumper cables
- Flares
- Battery radio with extra batteries or crank radio that does not require batteries
- Cell phone charger
- Emergency numbers



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Important Documents (for each family or household member)

- Emergency contact list
- Birth certificates/adoption papers
- Social Security cards
- Marriage license
- Military ID/discharge papers
- Health insurance cards
- Medical records (conditions, medications, immunizations and allergies)
- Bank account documentation
- Credit card account information
- Financial obligations (mortgages, loans, and other payments)
- Insurance policies (life, property and auto)
- Auto registration/ownership papers
- Naturalization documents
- Power of Attorney
- Passport
- Previous-year tax records
- Family photos
- Stocks and bonds



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Emergency Supplies

- One gallon of drinking water per person per day
- Nonperishable, ready-to-eat canned and packaged food
- Manual can opener, all-purpose knife, scissors
- Flashlight, battery-operated AM-FM radio and extra batteries
- Phone that does not rely on electricity
- Battery-operated alarm clock
- Whistle, signal flare
- Waterproof matches
- Duct tape and plastic sheeting
- Shut-off wrench, pliers, shovel
- Sturdy shoes, heavy gloves, warm clothes, Mylar or thermal blanket
- Personal hygiene items
- Special care items needed by any family member
- Paper towels, tissues, toilet paper
- Hand sanitizer
- Box of disposable nonlatex gloves
- Box of face masks (N95)
- Cold and cough medicine
- First-aid kit and thermometer
- Heavy plastic bags and ties
- Bleach and other disinfectant cleaning supplies
- Medium-sized buckets with tight lid
- Paper, pens, pencils, books, games

